

**MILLBROOK RUGBY CLUB
PLAYER PROFILE**

SEASON 2008/09

NAME	Richard Goodridge
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Positions:	Front Row
Current Position	Front Row
Positions played in the past	Front Row
Position would like to play	Front Row

Areas of your play you want to improve	Areas of play you want to maintain (strengths)
<ul style="list-style-type: none">• Speed• Tackling• Coaching skills for the future	<ul style="list-style-type: none">• Scrummaging• Ball retention

